Welcome From the Program Chair | Kiara Timpano, Ph.D., University of Miami

As the 2018 Program Chair, I am delighted to welcome you to ABCT’s 52nd Annual Convention in Washington, DC!

Washington represents the perfect venue for our conference. As a city, D.C. recognizes and honors our past with a wealth of premier museums, celebrates our international role by welcoming an international spirit with embassies from across the globe, and supports and encourages scientific advances as the home for the National Institutes of Health. Our convention with the theme of Cognitive Behavioral Science, Treatment, and Technology is intended to similarly recognize the past, celebrate international and interdisciplinary collaborations, and look towards a future marked by important advances to help reduce the global impact of mental illness.

We find ourselves at the cusp of a new era, marked by technological advances in a range of different disciplines that have the potential to dramatically affect the science we conduct, as well as the treatments we deliver. Our program will showcase research and clinical practices and training that highlight a number of avenues, including how these innovations are influencing our investigations of the causes and consequences of psychological illness, how they are similarly opening new frontiers in the ways that assessments and treatments are developed, how patients access help, how clinicians monitor response, and how the broader field disseminates evidence-based practices.

Presentations will address how the strong, theoretical, and practical foundations of CBT give us the exciting opportunity to use our multidisciplinary values to identify new and emerging technologies that can catapult our research on mental health problems and well-being to the next level. I am incredibly honored and excited to highlight our invited speakers and special programming. Pim Cuijpers from the Vrije Universiteit Amsterdam will present “The Dodo Bird in the Digital Age: How e-Mental Health Can Improve Prevention and Treatment of Mental Health Problems,” which will showcase exciting work being conducted in Europe on CBT interventions delivered through the web. Matthew Nock from Harvard University will focus on new advances in assessing psychopathology by discussing real-time assessment of self-injurious behaviors in his talk “Using New Technologies to Better Understand, Predict, and Prevent Suicidal Behavior.” Pat Arean from the University of Washington will highlight next-generation possibilities for how treatments could be delivered with a talk entitled “Improving the Quality of Evidence-Based Treatments: Can (and Should) Technology Help?” Additional special programming will comprise discussions with our colleagues in the broader field, including a conversation between Bethany Teachman and Josh Gordon, the director of the National Institute of Mental Health, and panels focused on translating research to policy, as well as NIMH “office hours.” Finally, in her presidential address, “CBT in the Digital Age: Enhancing Effectiveness and Reach of Research and Psychotherapy,” Sabine Wilhelm will highlight how treatment might be enhanced with technology by incorporating virtual reality exercises, crowdsourced peer-to-peer cognitive reappraisal platforms, chat bots, smartphone-based treatment apps sensors, and several other tools into therapy.

It has been an honor to serve as Program Chair, and I am grateful to President Sabine Wilhelm and the ABCT Board for inviting me and supporting me through this process. Working with Sabine is a privilege and genuine pleasure, and I am so excited to see the conference we dreamed about come to fruition. Making ABCT happen each year is said to “take a village” and there are many members of that village I would like to thank. First and foremost is the 2018 Program Committee for their expertise, careful reviews, and flexibility during the peer review process. This year we had a record number of 278 reviewers and 123 “Super Reviewers,” and I could not be prouder of the well-rounded and exciting program! Second, I thank the chairs of the Convention and Education Issues Committee for their dedication and exceptional job developing this year’s stimulating program: Barbara Kambholz (CIT), Aidan Wright (AMASS), Lauren Weinstock (Workshops), Courtney Benjamin Wolk (Master Clinician Seminars), Cole Hooley (Research & Professional Development), Christina Boissoe (Institutes), and Alyssa Ward (2019 Program Chair). I sincerely appreciate the valuable insights and support of Barbara Kambholz, Coordinator of Convention and Education Issues, and Sandra Pimentel, Board Liaison. Third, a hearty thanks to Mary Jane Eimer and her team at the Central Office—especially Tonya Childers and Stephen Crane—who showed extraordinary devotion to the Convention planning and ABCT in general. Fourth, I am incredibly grateful to the former Program Chair, Jordana Muroff, for her invaluable guidance, support, and friendship. Very special thanks go to Jamie Port, Assistant Program Chair. I am forever indebted to Jamie’s diligence, unwavering commitment, clear thinking and, most important, humor—I know that I had the right partner-in-crime for this process and could not have done it with anyone else. Finally, a heartfelt thanks to my family for their patience, cheer, and teamwork!

Wishing you all a fun and stimulating convention!

Convention Itinerary Planner

The pages that follow provide an overview of the ticketed sessions and general sessions that will be part of the 2018 convention in Washington, DC. In order to learn more details about the sessions, including full descriptions and times, skill levels, and learning goals, please utilize the Itinerary Planner. Feel free to access the Itinerary Planner at ABCT’s website at www.abct.org/conv2018. To view the entire convention program—including SIG meetings, poster sessions, invited addresses—you can search by session type, date, time, presenter, title, category, or keyword, or you can view the entire schedule at a glance. (Keep in mind, the physical program book will only be available onsite in DC.) After reviewing this special Convention 2018 insert, we hope you will turn to the online Itinerary Planner and begin to build your ultimate ABCT convention experience!

Note

Program details such as educational objectives, session level, fees, presenter credentials, and number of CE credits that can be earned may be found in ABCT’s convention program book and on ABCT’s website.

PROGRAM SUBJECT TO CHANGE
Clinical Intervention Trainings  TICKETED SESSIONS

THURSDAY, 8:30 a.m. - 5:00 p.m.

CIT 1 | Process-Based CBT

♦ Participants earn 7 continuing education credits

Stefan G. Hofmann, Ph.D., Boston University
Steven C. Hayes, Ph.D., University of Nevada, Reno

Cognitive Behavioral Therapy (CBT) has been an enormous empirical and practical success over its 50+ year history. The situation surrounding evidence-based care has dramatically changed, however, and it is important for CBT to change as well. For decades, evidence-based therapy has been defined in terms of scientifically validated protocols focused on syndromes. That era is now passing. This Clinical Intervention Training will feature didactic presentations, demonstration of practical strategies and exercises that focus on how to utilize the core competencies of CBT in a pragmatic way that honors the behavioral, cognitive, and acceptance and mindfulness wings of the tradition—in a new form of process-based CBT.

THURSDAY, 8:30 a.m. - 5:00 p.m.

CIT 2 | Cognitive Processing Therapy for PTSD: Difficult Cases and Disruptions in Therapy

♦ Participants earn 7 continuing education credits

Patricia A. Resick, Ph.D., ABPP, Duke University Medical Center
Kathleen M. Chard, Ph.D., Cincinnati VA Medical Center and University of Cincinnati

The purpose of this Clinical Intervention Training is to discuss and consult on difficult cases with PTSD or those cases that are disrupted by other serious life events while conducting cognitive processing therapy (CPT) for PTSD. The presenters will discuss common difficulties with comorbid disorders, traumatic brain injury or issues with aging, complicated trauma histories, and disruptions during therapy and how to handle them while keeping fidelity to the CPT protocol. Having emergency sessions or conducting variable-length therapy will be discussed. The presenters will show videotaped examples and may conduct role-plays with participants. Participants should be using CPT in their practice and should bring in questions and/or case material to be discussed. This will not be a basic training in CPT and is for participants who have been implementing it regularly. The presenters will also help participants differentiate between client readiness for CPT and therapist stuck points.

PRESIDENTIAL ADDRESS

Saturday, 5:30 – 6:30 PM | Marriott Ballroom, Lobby Level

Sabine Wilhelm, Ph.D.,
Massachusetts General Hospital/
Harvard Medical School

CBT in the Digital Age:
Enhancing Effectiveness and Reach of Research and Psychotherapy
Institutes  TICKETED SESSIONS

Designed for clinical practitioners, discussions and display of specific intervention techniques.

THURSDAY

Institute 1  |  8:30 a.m. - 5:00 p.m.
❖ Participants earn 7 continuing education credits

Technology and Insomnia: Friend or Foe?
Colleen Carney, Ph.D., Ryerson University

Institute 2  |  8:30 a.m. - 5:00 p.m.
❖ Participants earn 7 continuing education credits

Anxiety and Emerging Adults: Integrating Virtual Reality and Wearable Technology Into the Launching Emerging Adults Program
Anne Marie Albano, Ph.D., ABPP, Columbia University Medical Center
Shannon Bennett, Ph.D., Weill Cornell Medicine
Lauren Hoffman, Psy.D., Columbia University Clinic for Anxiety & Related Disorders (CUCARD)
Schuyler Fox, B.A., Columbia University Clinic for Anxiety & Related Disorders (CUCARD)

Institute 3  |  8:30 a.m. - 5:00 p.m.
❖ Participants earn 7 continuing education credits

Radically Open-Dialectical Behavior Therapy (RO-DBT) for Disorders of Overcontrol
Thomas R. Lynch, Ph.D., University of Southampton

Institute 4  |  1:00 p.m. - 6:00 p.m.
❖ Participants earn 5 continuing education credits

Desirable Difficulties: Optimizing Exposure Therapy for Anxiety Through Inhibitory Learning
Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill
Ryan J. Jacoby, Ph.D., Massachusetts General Hospital/ Harvard Medical School
Shannon M. Blakey, M.A., University of North Carolina at Chapel Hill

Institute 5  |  1:00 p.m. - 6:00 p.m.
❖ Participants earn 5 continuing education credits

Evidence-Based Assessment and Treatment of Bipolar Disorder and Mood Dysregulation in Youth and Early Adulthood
Mary A. Fristad, ABPP, The Ohio State University Wexner Medical Center
Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

Institute 6  |  1:00 p.m. - 6:00 p.m.
❖ Participants earn 5 continuing education credits

Integrating Motivational Interviewing Into CBT
Trevor A. Hart, Ph.D., Ryerson University
Daniel McNeil, Ph.D., West Virginia University

Institute 7  |  1:00 p.m. - 6:00 p.m.
❖ Participants earn 5 continuing education credits

Behavioral Activation Treatment for Adolescents
Elizabeth McCauley, ABPP, Ph.D., University of Washington/Seattle Children's Hospital
Sona Dimidjian, Ph.D., University of Colorado Boulder
Kelly Schloredt, Ph.D., Seattle Children's Hospital
Christopher Martell, Ph.D., University of Massachusetts Amherst/St. Luke's Children's Hospital
Gretchen Gudmundsen, Ph.D., St. Luke's Children's Hospital

Institute 8  |  1:00 p.m. - 6:00 p.m.
❖ Participants earn 5 continuing education credits

The Relationship Checkup: Using Technology to Broaden the Reach of Relationship Health Care
Tatiana D. Gray, Ph.D., Clark University
James Cordova, Ph.D., Clark University

Advanced Methodology and Statistics Seminars

A special series of offerings for applied researchers, presented by nationally renowned research scientists. TICKETED SESSIONS

THURSDAY

AMASS 1  |  8:30 a.m. - 12:30 p.m.
❖ Participants earn 4 continuing education credits

Decision-Making Statistics for Researchers and Clinicians—We Are Ready to ROC!
Eric A. Youngstrom, Ph.D., University of North Carolina, Chapel Hill

AMASS 2  |  1:00 p.m. - 5:00 p.m.
❖ Participants earn 4 continuing education credits

Karin Coifman, Ph.D., Kent State University
Master Clinician Seminars

These seminars involve the presentation of case material, session videotapes, and discussion to enable participants to further understand the application of cognitive and behavioral techniques.

FRIDAY

MCS 1 | 10:45 a.m. - 12:45 p.m.
+ Participants earn 2 continuing education credits
Challenges to the Achievement of Optimal CBT Outcomes in Pediatric OCD Treatment
Martin E. Franklin, Ph.D., University of Pennsylvania

MCS 2 | 11:45 a.m.- 1:45 p.m.
+ Participants earn 2 continuing education credits
Parent-Child Interaction Therapy
Cheryl B. McNeil, Ph.D., West Virginia University

MCS 3 | 1:45 p.m. - 3:45 p.m.
+ Participants earn 2 continuing education credits
Engaging Parents/Caregivers Effectively in Treatment With Children Presenting With Behavior Problems, Depression and/or Traumatic Stress Symptoms
Esther Deblinger, Ph.D., Child Abuse Research Education and Service Institute, Rowan University

MCS 4 | 4:00 p.m. - 6:00 p.m.
+ Participants earn 2 continuing education credits
Regret: A Cognitive Behavior Therapy Approach
Robert L. Leahy, Ph.D., American Institute for Cognitive Therapy

SATURDAY

MCS 5 | 8:00 a.m. - 10:00 a.m.
+ Participants earn 2 continuing education credits
Mindfulness-Based Interventions in the Treatment of Substance Use Disorders
Katie Witkiewitz, Ph.D., University of New Mexico

MCS 6 | 10:15 a.m. - 12:15 p.m.
+ Participants earn 2 continuing education credits
Violent, Sexual, Religious, and Neutral Obsessions: Paths to Exorcizing the Demons
Jonathan Grayson, Ph.D., The Grayson LA Treatment Center for Anxiety & OCD

MCS 7 | 11:45 a.m.- 1:45 a.m.
+ Participants earn 2 continuing education credits
Interpersonal Psychotherapy for Depressed Adolescents: Principles and Techniques
Laura Mufson, Ph.D., Columbia University Vagelos College of Physicians and Surgeons and New York State Psychiatric Institute

MCS 8 | 2:30 p.m. - 4:30 p.m.
+ Participants earn 2 continuing education credits
Cognitive Conceptualization
Judith S. Beck, Ph.D., Beck Institute for Cognitive Behavior Therapy

Workshops

Workshops provide up-to-date integration of theoretical, empirical, and clinical knowledge about specific issues or themes.

FRIDAY

Workshop 1 | 8:30 a.m. - 11:30 a.m.
+ Participants earn 3 continuing education credits
Case Formulation and Treatment Planning in Dialectical Behavior Therapy
Shireen L. Rizvi, ABPP, Ph.D., Rutgers University
Jennifer H.R. Sayrs, ABPP, Ph.D., Evidence Based Treatment Centers of Seattle

Workshop 2 | 8:30 a.m. - 11:30 a.m.
+ Participants earn 3 continuing education credits
Developing a Trauma-Informed Treatment in Primary Care: The embrACE Model for Patients With Adverse Childhood Experiences
Keith S. Dobson, Ph.D., University of Calgary
Dennis Pusch, Ph.D., Southport Psychological Services
Chantelle Klassen, M.A., Alberta Health Services

Workshop 3 | 8:30 a.m. - 11:30 a.m.
+ Participants earn 3 continuing education credits
Identifying and Using Mobile Apps in Clinical Practice
Stephen Matthew Schueller, Ph.D., Northwestern University Feinberg School of Medicine
Christina Armstrong, Ph.D., Connected Health Branch, Defense Health Agency
Martha Neary, M.Sc., Northwestern University Feinberg School of Medicine

Workshop 4 | 11:45 a.m. - 2:45 p.m.
+ Participants earn 3 continuing education credits
Supervision Essentials for CBT
Cory F. Newman, Ph.D., University of Pennsylvania, Perelman School of Medicine
Danielle A. Kaplan, Ph.D., New York University School of Medicine
Workshop 5 | 3:00 p.m. - 6:00 p.m.
♦ Participants earn 3 continuing education credits

You Were Meant for Primary Care: A Practical, Competency-Based Approach
Ryan R. Landoll, ABPP, Ph.D., Uniformed Services University
Jeffrey L. Goodie, ABPP, Ph.D., Uniformed Services University of the Health Sciences
Lisa K. Kearney, ABPP, Ph.D., VA Center for Integrated Healthcare
Kathryn E. Kanzler, ABPP, Psy.D., University of Texas Health Science Center at San Antonio

Workshop 6 | 3:00 p.m. - 6:00 p.m.
♦ Participants earn 3 continuing education credits

Coordinated Interventions for School Avoidance: Engaging Family, Schools, and Clinicians
Brian Chu, Ph.D., Rutgers University, Graduate School of Applied and Professional Psychology
Laura C. Skriner, Ph.D., Evidence Based Practitioners of New Jersey

Workshop 7 | 3:00 p.m. - 6:00 p.m.
♦ Participants earn 3 continuing education credits

Means Safety Counseling for Suicide Prevention
Craig Bryan, ABPP, Psy.D., National Center for Veterans Studies at the University of Utah

SATURDAY

Workshop 8 | 8:00 a.m. - 11:00 a.m.
♦ Participants earn 3 continuing education credits

Comprehensive Behavioral Intervention for Tic Disorders
Douglas Woods, Ph.D., Marquette University
Michael Himle, Ph.D., University of Utah

Workshop 9 | 8:00 a.m. - 11:00 a.m.
♦ Participants earn 3 continuing education credits

Addressing Functional and Executive Deficits in Youth With ADHD: Evidence-Based Treatments With Individual, School, and Family Benefits
Richard Gallagher, Ph.D., New York University School of Medicine
Jenelle Nissley-Tsiopinis, Ph.D., Children’s Hospital of Philadelphia, Perelman School of Medicine, University of Pennsylvania

Workshop 10 | 8:00 a.m. - 11:00 a.m.
♦ Participants earn 3 continuing education credits

CBT for Chronic GI Disorders
Melissa G. Hunt, Ph.D., University of Pennsylvania

Workshop 11 | 11:15 a.m. - 2:15 p.m.
♦ Participants earn 3 continuing education credits

Parenting Through the Pressure: Using CBT to Work With Parents of Anxious Teens
Deborah A. Ledley, Ph.D., Children and Adult’s Center for OCD and Anxiety
Muniya Khanna, Ph.D., Children and Adult’s Center for OCD and Anxiety

Workshop 12 | 11:15 a.m. - 2:15 p.m.
♦ Participants earn 3 continuing education credits

False Safety Behavior Elimination Treatment: A Transdiagnostic Strategy for Anxiety Disorders
Norman B. Schmidt, Ph.D., Florida State University
Kristina Korte, Ph.D., Harvard Medical School

Workshop 13 | 2:30 p.m. - 5:30 p.m.
♦ Participants earn 3 continuing education credits

Written Exposure Therapy: A Brief Treatment Approach for PTSD
Denise Sloan, Ph.D., Boston University School of Medicine & National Center for PTSD
Brian Marx, Ph.D., Boston University School of Medicine & National Center for PTSD

Workshop 14 | 2:30 p.m. - 5:30 p.m.
♦ Participants earn 3 continuing education credits

Cognitive-Behavior Therapy for Looming Vulnerability Distortions
John H. Riskind, Ph.D., George Mason University

Workshop 15 | 2:30 p.m. - 5:30 p.m.
♦ Participants earn 3 continuing education credits

Individual and Group Cognitive-Behavioral Therapy for Diverse Addictive Behaviors
Bruce S. Liese, Ph.D., University of Kansas Medical Center
General Sessions  NO TICKET REQUIRED

Clinical Roundtables, Mini Workshops, Panel Discussions, Symposia, and Research & Professional Development are part of the general program: no tickets are required.

**GENERAL SESSIONS**

**Friday, November 16, 2018**
8:30 a.m. – 10:00 a.m.

- **Participants earn 1.5 continuing education credits**

  **Do They "Like" Me or Just Want Me to #Follow Them? The Relevance of Social Media to Clinical Issues and Treatment**
  
  Moderator: Amanda McGovern, Ph.D.
  Panelists: Erin K. Engle, Psy.D., Rachel E. Ginsberg, Ph.D., Caitlin B. Shepherd, Ph.D., Sarah Anolik Katz, M.A.
  Participants earn 1.5 continuing education credits

  **Intensive Therapies for PTSD: Minimizing Avoidance and Maximizing Engagement**
  
  Moderator: Andrew M. Sherrill, Ph.D.
  Panelists: Michael Brennan, Psy.D., Kathleen M. Chard, Ph.D., Laura L. Meyers, Ph.D., Sheila A. M. Rauch, Ph.D., Emily G. Marston, Ph.D.
  Participants earn 1.5 continuing education credits

  **Borrowing Wisdom From the Anxiety Field: How Lessons Learned in the Exposure-Based Treatment of Anxiety Disorders Can Advance the Eating Disorders Field**
  
  Moderators: Jamal H. Essayli, Ph.D., Lisa M. Anderson, Ph.D.
  Panelists: Richard G. Heimberg, Ph.D., Bunni Olatunji, Ph.D., Elizabeth A. Hembree, Ph.D., Cheri A. Levinson, Ph.D., Stuart B. Murray, Ph.D.
  Participants earn 1.5 continuing education credits

  **Going All In Without Going Overboard: Drawing the Line Between Thorough and Gratuitous in Exposure**
  
  Moderator: Anthony C. Puliafico, Ph.D.
  Panelists: Steven Tsao, Ph.D., Anne Marie Albano, ABPP, Ph.D., Martin Franklin, Ph.D., John D. Guerry, Ph.D.
  Participants earn 1.5 continuing education credits

**Saturday, November 17, 2018**
8:30 a.m. – 10:00 a.m.

- **Participants earn 1.5 continuing education credits**

  **Addressing the Impact of Trauma on Youth With Autistic Spectrum Disorder and Other Developmental Disabilities**
  
  Moderator: Juliet Vogel, Ph.D.
  Panelists: Peter J. D’Amico, ABPP, Connor M. Kerns, Ph.D., Daniel Hoover, ABPP, Michael Gomez, Ph.D.
  Participants earn 1.5 continuing education credits

  **In-Person and Technology-Mediated Relationship Interventions for Same-Sex Couples: Towards the Development and Dissemination of Affirming Couple Care**
  
  Moderator: Kimberly Z. Pentel, M.A.
  Presenters: Sarah W. Whitton, Ph.D., David W. Pantalone, Ph.D., Kathryn Macapagal, Ph.D., Donald H. Baucom, Ph.D.
  Participants earn 1.5 continuing education credits

  **Telemental Health With Veteran Couples: Special Considerations for Providing Evidence-Based Psychotherapy Within the VA System**
  
  Moderator: Katherine Knies, Ph.D.
  Panelists: Karen Petty, Ph.D., Anna Birks, Psy.D., Leigh Ridings, Ph.D., Vickie Bhatia, Ph.D.
  Participants earn 1.5 continuing education credits

**Sunday, November 18, 2018**
8:30 a.m. – 10:00 a.m.

- **Participants earn 1.5 continuing education credits**

  **When Helping Is Hurting: The Role of Family Accommodation in Childhood Anxiety**
  
  Moderator: Jami Socha, Ph.D.
  Panelists: Daniela Owen, Emily Berner, MFT, David A. Schuberth, M.A.
  Participants earn 1.5 continuing education credits

**General Sessions | Convention 2018 vii**
10:15 a.m. – 11:45 a.m.
✦ Participants earn 1.5 continuing education credits

How to Prepare Clinicians for the Changing Landscape of Healthcare: Increasing Treatment Access and Value Using Empirically Supported Mechanisms of Change
Moderator: Paul J. Geiger, M.S.
Panelists: Alex Brake, M.S., Jennifer Cheavens, Ph.D., Colleen Cowperthwait, Ph.D., Zach Rosenthal, Ph.D., Shannon Sauer-Zavala, Ph.D.

10:15 a.m. - 11:45 a.m.
✦ Participants earn 1.5 continuing education credits

Trauma-Focused Cognitive Behavioral Therapy for Maltreated Youth: Technological Advances for Training and Treatment
Moderator: Michael Gomez, Ph.D.

1:45 p.m. - 3:15 p.m.

Mini Workshop 5
✦ Participants earn 1.5 continuing education credits

When Sounds Trigger Anger and Anxiety: An Introduction to Misophonia
Zachary Rosenthal, Ph.D., Duke University Medical Center

3:30 p.m. - 5:00 p.m.

Mini Workshop 6
✦ Participants earn 1.5 continuing education credits

#MeToo: What You Need to Know About How to Treat Trauma, Even If You Don’t Treat Trauma
Tamar Gordon, Ph.D., Tamar Gordon Psychology, LLC
Susan Paula, Ph.D., American Institute for Cognitive Therapy

Mini Workshop 7
✦ Participants earn 1.5 continuing education credits

Family-Based Healthy Weight Coaching
Linda W. Craighead, Ph.D., Emory University

Saturday, November 17
8:30 a.m. - 10:00 a.m.

Mini Workshop 8
✦ Participants earn 1.5 continuing education credits

Guided Discovery Strategies: Practical Strategies to Overcome Common Pitfalls
Scott H. Waltman, ABPP, Psy.D., Warrior Resiliency Program, Army, Central Regional Health Command
Brittany Hall, Ph.D., Children’s Health–Children’s Medical Center/University of Texas Southwestern Medical Center
Lynn McFarr, Ph.D., CBT California

Mini Workshop 9
✦ Participants earn 1.5 continuing education credits

Introduction to the Coping Long Term With Active Suicide Program
Ivan Miller, Ph.D., Brown University & Butler Hospital
Brandon Gaudiano, Ph.D., Brown University & Butler Hospital
Lauren Weinstock, Ph.D., Brown University

Mini Workshop 10
✦ Participants earn 1.5 continuing education credits

Learning to CARE: An Easy to Understand and Use Approach to Delivering Consistent High-Quality ACT Treatment
Kirk Strosahl, Ph.D., HeartMatters Consulting
Patricia Robinson, Ph.D., Mountainview Consulting Group

10:15 a.m. - 11:45 a.m.

Mini Workshop 11
✦ Participants earn 1.5 continuing education credits

Cognitive Behavior Therapy for Women With Anxiety During Pregnancy and the Postpartum
Sheryl Green, Ph.D., McMaster University and St. Joseph’s Healthcare
Eleanor Donegan, Ph.D., St. Joseph’s Healthcare
Mini Workshop 12
- Participants earn 1.5 continuing education credits

I'm FINE: Recovery-Oriented Cognitive Therapy for Individuals With Psychosis Lacking Insight
Aaron Brinen, Psy.D., Perelman School of Medicine, University of Pennsylvania

1:45 p.m. - 3:15 p.m.

Mini Workshop 13
- Participants earn 1.5 continuing education credits

The Semistructured Interview for Consideration of Ethnic Culture in Therapy Scale: An Evidence-Based Assessment and Intervention Demonstrated to Enhance Cultural Competence
Brad Donohue, Ph.D., University of Nevada, Las Vegas
Kelsey M. Bradshaw, Ph.D., Sharp HealthCare
Yulia Gavrilova, M.A., University of Nevada, Las Vegas
Marina Galante, M.A., University of Nevada, Las Vegas
Elena Gavrilova, B.A., University of Nevada, Las Vegas

3:30 p.m. - 5:00 p.m.

Mini Workshop 14
- Participants earn 1.5 continuing education credits

Focusing on Difficulties With Self-Regulation in Short-Term Therapy for Depression
Kari Eddington, Ph.D., University of North Carolina at Greensboro
Timothy Strauman, Ph.D., Duke University

Mini Workshop 15
- Participants earn 1.5 continuing education credits

Treating PTSD in High-Risk and Multi-Diagnostic Clients Receiving DBT
Melanie S. Harned, ABPP, Ph.D., University of Washington
Kathryn Korslund, ABPP, Ph.D., THIRA Health

10:15 a.m. - 11:45 a.m.

Panel Discussion 3
- Participants earn 1.5 continuing education credits

Broadening Perspectives: Understanding the Challenges in Implementation of Evidence-Based Treatments From the Viewpoints of Policymakers, Clinicians, and Researchers
Moderators: Anu Asnaani, Ph.D., & Rinad Beidas, Ph.D.
Panelists: Jonathan Comer, Ph.D., Kimberly Hoagwood, Ph.D., Chris Molnar, Ph.D., Liz Turk-Karan, Ph.D., Shannon Wiltsey-Stirman, Ph.D.

Panel Discussion 4
- Participants earn 1.5 continuing education credits

The Future of Network Analysis in Clinical Psychology: Perils and Possibilities
Moderator: Esther Tung
Panelists: Sacha Epskamp, Ph.D., Aaron J. Fisher, Ph.D., Robert F. Krueger, Ph.D., Richard J. McNally, Ph.D., Douglas Steinley, Ph.D., Aidan G. C. Wright, Ph.D.

Panel Discussions
Friday, November 16, 2018
8:30 a.m. – 10:00 a.m.

Panel Discussion 1
- Participants earn 1.5 continuing education credits

Cross-Disciplinary Training in CBT: Using Behavioral Strategies and Technology to Enhance Psychotherapy Training in Academic Medical Centers
Moderator: Michelle Pelcovitz, Ph.D.
Panelists: Angela Chiu, Ph.D., Megan Hughes-Feltenberger, Ph.D., Rebecca Erban, Psy.D., Beryl Filton, Ph.D., Colby Tyson, M.D.

Panel Discussion 2
- Participants earn 1.5 continuing education credits

Cutting-Edge Developments in Transdiagnostic Research and Practice
Moderator: David H. Barlow, ABPP
Panelists: Todd Farchione, Ph.D., Peter Norton, Ph.D., Cassidy Gutner, Ph.D., Kristen K. Ellard, Ph.D., Shannon Wiltsey-Stirman, Ph.D.

12:00 p.m. – 1:00 p.m.

Panel Discussion 6
- Participants earn 1 continuing education credit

What Can an Evidence-Based Mental Health Practitioner Do When Faced With Pseudoscience?
Moderator: David H. Barlow, ABPP
Panelists: Daniel L. Hoffman, ABPP, Ph.D.
Shane Owens, ABPP, Dean McKay, ABPP, Ph.D.

1:45 p.m. – 2:45 p.m.

Panel Discussion 7
- Participants earn 1 continuing education credit

Friend or Foe: Social Media’s Relationship With Eating Disorders and its Impact on Research, Prevention, and Clinical Work
Moderator: Laura E. Sproch, Ph.D.
Panelists: Laura E. Sproch, Ph.D., Kimberly P. Anderson, Ph.D., Kate Clemmer, LCSW

Panel Discussion 8
- Participants earn 1 continuing education credit

Managing an Online Mental Health Community for Latinx and Spanish-Speaking Populations
Moderator: Sarah A. Hayes-Skelton, Ph.D.
Panelists: Bryan Balvaneda, M.A., Natalie Arbid, M.A., Marta E. Pagán-Ortiz, M.S.
Panel Discussion 9
♦ Participants earn 1.5 continuing education credits

#Timesup: Strategies to Advance Women to the Top from Women Who’ve Made It There
Moderator: Page L. Anderson, Ph.D.
Panelists: Ileana Arias, Ph.D., Marsha Linehan, Ph.D., Lily McNair, Ph.D., Gail Steketee, Ph.D., Michelle Williams, Ph.D.

Panel Discussion 10
♦ Participants earn 1.5 continuing education credits

Integrating Technology in Behavioral Medicine and Primary Care: Opportunities and Challenges
Moderators: Brooke G. Rogers, M.P.H., & Jessica F. Magidson, Ph.D.
Panelists: Ethan H. Mereish, Ph.D., Joseph Trombello, Ph.D., Rachel Tomko, Ph.D., Lena Andersen, Ph.D., Jessica Yu, Ph.D.

Panel Discussion 11
♦ Participants earn 1.5 continuing education credits

We Don’t Have Time To Lose: Bridging the Gap Between Academia and Digital Health Industry
Moderator: Christine Moberg, Ph.D.
Panelists: Jessica Lipschitz, Ph.D., Athena Robinson, Ph.D., Paula Willbourne, Ph.D., Mylea Charvat, Ph.D., Ken Weingardt, Ph.D., Megan Oser, Ph.D.

3:30 p.m. – 5:00 p.m.

Panel Discussion 12
♦ Participants earn 1.5 continuing education credits

Bringing Evidence-Based Treatments for Youth Depression Into Community Settings: Opportunities and Challenges
Moderator: Jami F. Young, Ph.D.
Panelists: Elizabeth McCauley, Ph.D., Laura Mufson, Ph.D., V. Robin Weersing, Ph.D., Anat Brunstein-Klomek, Ph.D.

Panel Discussion 13
♦ Participants earn 1.5 continuing education credits

Ethics and Policy in Technology-Based Research
Moderators: Tommy Chou, M.S., & Giovanni Ramos, B.A.
Panelists: Melissa DeRosier, Ph.D., Stacy Frazier, Ph.D., Maryam Kia-Keating, Ph.D., Lynn Bufka, Ph.D., Ashley Isaia, M.A.

Panel Discussion 14
♦ Participants earn 1.5 continuing education credits

Measuring Facets of Major Depressive Disorder in Everyday Life: A Practical Discussion of Pragmatics and Innovations
Moderator: Rachel Hershenberg, Ph.D.
Panelists: Lauren Bylsma, Ph.D., Jennifer Dahne, Ph.D., Evan M. Kleiman, Ph.D., Renee Thompson, Ph.D.

Panel Discussion 15
♦ Participants earn 1.5 continuing education credits

Strategies for Augmenting and Optimizing CBT: Current Status and Links to Neuroscience
Moderator: Peter F. Hitchcock, M.S.
Panelists: Jan Mohlman, Ph.D., Anders Howland, Ph.D., Kieron O’Connor, Ph.D., Philippe Goldin, Ph.D., Angela Fang, Ph.D.

Panel Discussion 16
♦ Participants earn 1.5 continuing education credits

Using Technology to Improve the Training of Future and Current Clinical Scientists
Moderator: Ashley Borders, Ph.D.
Panelists: Lauren A. Stutts, Ph.D., Susan Wenze, Ph.D., Dara G. Friedman-Wheeler, Ph.D., Laura Knouse, Ph.D., Zachary Rosenthal, Ph.D., Nicholas Mian, Ph.D.

Saturday, November 17, 2018
8:30 a.m. – 10:00 a.m.

Panel Discussion 17
♦ Participants earn 1.5 continuing education credits

Difficult-to-Treat Child Anxiety? Don’t Fear: Innovative Formats and Strategies for Optimizing Treatment Delivery
Moderators: Danielle Cornacchio, M.S., & Natalie Hong, B.S.

Panel Discussion 18
♦ Participants earn 1.5 continuing education credits

Where is the “C” in DBT?
Moderators: Lauren Bonavitacola, Psy.D., & Emma Zoloth, Psy.D.
Panelists: Alec L. Miller, Psy.D., Lata McGinn, Ph.D., Lynn McFarr, Ph.D.

10:15 a.m. – 11:45 a.m.

Panel Discussion 19
♦ Participants earn 1.5 continuing education credits

#NotFakeNews: Engaging With Journalists About Mental Health Research and Treatment
Moderator: Rachel Zelkowitz, M.S.
Panelists: David Grimm, Ph.D., Steven Hollon, Ph.D., Tina Hesman Saey, Ph.D., Kate Horowitz, M.A.

Panel Discussion 20
♦ Participants earn 1.5 continuing education credits

Addressing Gun Violence in America Begins With a Focus on Suicide
Moderator: Michael Anestis, Ph.D.
Panelists: Michael Anestis, Ph.D., Craig Bryan, ABPP, Christopher Maxwell, B.A., Vicka Chaplin, M.A.

Panel Discussion 21
♦ Participants earn 1.5 continuing education credits

Current Directions in the Dissemination and Implementation of Evidence-Based Practice for Military Service Members and Veterans With PTSD
Moderators: Andrew M. Sherrill, Ph.D., & Ari Lowell, Ph.D.
Panelists: Katherine A. Dondanville, Psy.D., Kelly P. Maieritsch, Ph.D., David S. Riggs, Ph.D., Josef I. Ruzek, Ph.D., Liza C. Zwiebach, Ph.D.

Panel Discussion 22
♦ Participants earn 1.5 continuing education credits

How Tweet It Is: Social Media and Internet Platforms as a Means to Disseminate Knowledge to Behavioral Health Professionals and Consumers
Moderator: Rachel Zelkowitz, M.S.
Panelists: Anne Marie Albano, ABPP, Ph.D., Martin Franklin, Ph.D., Jennifer Freeman, Ph.D., Jonathan Comer, Ph.D.
Panel Discussion 23  
**Participants earn 1.5 continuing education credits**  
**The Cutting Edge of Technology in CBT Research and Treatment: Where We Are Now, and Where We’re Headed**  
Moderator: Hilary Weingarden, Ph.D.  
Panelists: Christian Rück, M.D., Ph.D., Adam Haim, Ph.D., Richard G. Heimberg, Ph.D., Stephen Schueller, Ph.D., Athena Robinson, Ph.D.

Panel Discussion 24  
**Participants earn 1.5 continuing education credits**  
**The Opportunities and Limitations of Digital Interventions for Emotional Difficulties**  
Moderator: Kibby McMahon, M.A.  
Panelists: Zachary Rosenthal, Ph.D., Matthew K. Nock, Ph.D., Bethany A. Teachman, Ph.D., Marcus Rodriguez, M.A.

12:00 p.m. – 1:30 p.m.

Panel Discussion 25  
**Participants earn 1.5 continuing education credits**  
**A Duty to Warn? A Discussion of Potentially Harmful Therapies**  
Moderator: Amanda Jensen-Doss, Ph.D.  
Panelists: Krista Jana, Ph.D., Scott Lilienfeld, Ph.D., Dean McKay, ABPP, Ph.D., Jean Mercer, Ph.D., Bethany A. Teachman, Ph.D., Bradley White, Ph.D.

Panel Discussion 26  
**Participants earn 1.5 continuing education credits**  
**Dissemination and Implementation Science to Reduce Mental Health Burden: Closing the Research to Training Gap**  
Moderators: Natalie Hong, B.S., & Rachel Ouellette, B.S.  
Panelists: Stacy Frazier, Ph.D., Rinad Beidas, Ph.D., Tara G. Mehta, Ph.D., Risa Weisberg, Ph.D.

Panel Discussion 27  
**Participants earn 1.5 continuing education credits**  
**Wise Interventions for Psychopathology? Integrating Social and Clinical Psychological Science**  
Moderator: Jessica L. Schleider, M.A.  
Panelists: Anil Chacko, Ph.D., Gabriele Oettingen, Ph.D., David Yeager, Ph.D., John Riskind, Ph.D., Andres De Los Reyes, Ph.D., David Valentiner, Ph.D.

1:45 p.m. – 3:15 p.m.

Panel Discussion 28  
**Participants earn 1.5 continuing education credits**  
**Community-Based Mental Health Treatment for Co-Occurring Psychiatric Conditions and ASD: Where We Are and Where We Need to Go**  
Moderator: Brenna Maddox, Ph.D.  
Panelists: Valerie L. Gaus, Ph.D., Edward Brodkin, M.D., Lauren Brookman-Frazee, Ph.D., Zonya Mitchell, Psy.D., Rebeca Sachs, ABPP, Ph.D., Dina Vivian, Ph.D.

3:30 p.m. – 5:00 p.m.

Panel Discussion 29  
**Participants earn 1.5 continuing education credits**  
**A Panel Discussion Commemorating the 50th Anniversary of CBT for Serious Mental Illness: Where Have We Been? Where Are We Going?**  
Moderators: Shirley Glynn, Ph.D., & Charlie A. Davidson, Ph.D.  
Panelists: David Penn, Ph.D., Kim Mueser, Ph.D., Steven Silverstein, Ph.D., William D. Spaulding, Ph.D.

Panel Discussion 30  
**Participants earn 1.5 continuing education credits**  
**Adopting vs. Adapting DBT Across Cultures and Diagnoses**  
Moderator: Andre Ivanoff, Ph.D.  

Panel Discussion 31  
**Participants earn 1.5 continuing education credits**  
**This Idea Must Die: Scientific Theories That Are Blocking Progress**  
Moderator: Simon A. Rego, ABPP, Psy.D.  
Panelists: David H. Barlow, ABPP, Psy.D., Anne Marie Albano, ABPP, Ph.D., William C. Sanderon, Ph.D., G. Terence Wilson, Ph.D.

Panel Discussion 32  
**Participants earn 1.5 continuing education credits**  
**Training as a Psychologist in Global Mental Health: Opportunities, Challenges, and the Expanding Role of Technology**  
Moderator: Jessica F. Magidson, Ph.D.  
Panelists: Jennifer M. Belus, M.A., Lena S. Andersen, Ph.D., Alexandra Rose, M.S., Judith K. Bass, Ph.D., Steven A. Safren, Ph.D., Jessica N. Coleman, B.A.

Sunday, November 18, 2018

8:30 a.m. – 10:00 a.m.

Panel Discussion 33  
**Participants earn 1.5 continuing education credits**  
**Integrating Physiological Tools and Technology Into CBT Prevention and Treatment Outcome Research**  
Moderator: Elissa J. Brown, Ph.D.  
Panelists: Komal Sharma-Patel, Ph.D., Kate Noonu, Ph.D., Lily Brown, Ph.D., Desmend Oathes, Ph.D.

Panel Discussion 34  
**Participants earn 1.5 continuing education credits**  
**Virtual Reality: Challenges and Opportunities in Clinical Research**  
Moderator: Michelle Pelcovitz, Ph.D.  
Panelists: Patrick Bordnick, M.P.H., Ph.D., LCSW, JoAnn Difede, Ph.D., Azucena Garcia-Palacios, Ph.D., Hunter Hoffman, Ph.D.
Panel Discussion 35
Participants earn 1 continuing education credit
Portals to Healing: How to Meet the Challenges of Treating Veterans and Military Families Through Telemental Health Services
Moderator: Amanda Spray, Ph.D.
Panelists: Laura Price, Ph.D., Megan Olden, Ph.D., Cory K. Chen, Ph.D.

10:15 a.m. – 11:15 a.m.

Panel Discussion 35
Participants earn 1 continuing education credit
Applications of Bayesian Estimation in Clinical Research
Co-Chairs: Alessandro De Nadai, Ph.D., & Craig Henderson, Ph.D.
Discussant: Scott Baldwin, Ph.D.

Panel Discussion 36
Participants earn 1.5 continuing education credits
Bridging the Gap Between Research and Practice in Clinical Applications of Digital Technology
Moderator: Maren Westphal, Ph.D.
Panelists: Maren Westphal, Ph.D., Per Carlbring, Ph.D., Patricia Frazier, Ph.D., Heather Hadjistavropoulos, Ph.D., Frederick Munclh, Ph.D.

Panel Discussion 37
Participants earn 1.5 continuing education credits
Prevention of Depression: Current Status and Future Directions
Moderators: Lata K. McGinn, Ph.D., & Judy Garber, Ph.D.
Panelists: Judy Garber, Ph.D., Bruce Compas, Ph.D., Jane Gilham, Ph.D., V. Robin Weersing, Ph.D., Jami F. Young, Ph.D.

SYMPOSIA
Friday, November 16, 2018
8:30 a.m. - 10:00 a.m.

Participants earn 1.5 continuing education credits
Advances in the Use of Social Norms in Risky Drinking Research: From Conceptualization to Intervention
Co-Chairs: Sarah A. Hines, M.A., & Roisin O’Connor, Ph.D.
Discussant: Brian Borsari, Ph.D.

Participants earn 1.5 continuing education credits
Novel Findings From the Fear Conditioning Laboratory: Fear Conditioning as a Modern Tool for Cognitive Behavioral Science
Co-Chairs: Alexandra K. Gold, M.A., & M. Alexandra Kredlow, M.A.
Discussant: Michael W. Otto, Ph.D.

Participants earn 1.5 continuing education credits
Optimizing the Clinical Care of Youth With Tourette’s Disorder
Chair: Joseph McGuire, Ph.D.
Discussant: Douglas W. Woods, Ph.D.

Participants earn 1.5 continuing education credits
Promoting Recovery After Sexual Violence in Diverse Populations
Chair: RaeAnn Anderson, Ph.D.
Discussant: Patti A. Timmons. Fritz, Ph.D.

Participants earn 1.5 continuing education credits
To Accommodate or Not to Accommodate? Improving Academic Success for Children and Adolescents With Externalizing Problems
Chair: Fiona L. Macphee, M.S.
Discussant: George J. DuPaul, Ph.D.

Participants earn 1.5 continuing education credits
Optimizing the Clinical Care of Youth With Tourette’s Disorder
Chair: Joseph McGuire, Ph.D.
Discussant: Douglas W. Woods, Ph.D.

Participants earn 1.5 continuing education credits
Behavioral and Cognitive Science-Based Treatment: Harnessing Technology to Enhance Accessibility and Outcomes
Co-Chairs: Daniel W. McNeil, Ph.D., & Jennifer Dahne, Ph.D.
Discussant: Stefan G. Hofmann, Ph.D.
Participants earn 1.5 continuing education credits

**Harnessed Very Brief Interventions to Reduce Youth Anxiety and Depression at Scale: How, Where, and for Whom?**
Chair: Jessica L. Schleider, M.A.
Discussant: Thomas H. Ollendick, Ph.D.

Participants earn 1.5 continuing education credits

**Improving Risk Assessment and Treatment Planning for Suicidal Emergency Department Patients**
Chair: Brooke A. Ammerman, M.A.
Discussant: Evan M. Kleiman, Ph.D.

Participants earn 1.5 continuing education credits

**Leveraging Technology to Improve Autism Acceptance and Treatment**
Chair: Lauren Kenworthy, Ph.D.
Discussant: Sharon daVanport

Participants earn 1.5 continuing education credits

**Online Relationship Interventions for Low-Income Couples: Results from a Nationwide RCT**
Chair: Brian D. Doss, Ph.D.
Discussant: Alan J. Hawkins, Ph.D.

Participants earn 1.5 continuing education credits

**Recent Advances in OC Spectrum Disorders: A Transdiagnostic and Translational Perspective**
Co-Chairs: Berta Summers, M.S., & Brittany M. Mathes, B.A.
Discussant: Eric A. Storch, Ph.D.

12:00 p.m. - 1:30 p.m.

Participants earn 1.5 continuing education credits

**Interpersonal Dysfunction in Social Anxiety Disorder: The Role of Social Perceptions, Perfectionism, and Empathy**
Chair: Hanjoo Kim, M.S.
Discussant: Richard G. Heimberg, Ph.D.

Participants earn 1.5 continuing education credits

**Couples With Marginalized Identities: The Effects of Minority Stressors on Relationship Functioning and How Couples Cope**
Chair: Sarah W. Whitton, Ph.D.
Discussant: Anthony Chambers, ABPP, Ph.D.

Participants earn 1.5 continuing education credits

**Data-Informed Approaches to Pediatric OCD: New Directions for Research and Clinical Practice**
Co-Chairs: Amitai Abramovitch, Ph.D., & Alessandro De Nadai, Ph.D.
Discussant: Eric A. Storch, Ph.D.

Participants earn 1.5 continuing education credits

**Enhancing Evidence-Based Treatments for Youth Depression: Implications for the Use of Biological and Behavioral Tools in Identifying Candidate Mechanisms of Change**
Co-Chairs: Rachel A. Vaughn-Coaxum, M.A., & Dikla Eckshtain, Ph.D.
Discussant: V. Robin Weersing, Ph.D.

Participants earn 1.5 continuing education credits

**In the Eye of the Beholder: Novel Approaches to Studying Mood Disorders Through the Use of Eyetracking and Pupillometry**
Chair: Kean J. Hsu, Ph.D.
Discussant: Greg J. Siegle, Ph.D.

Participants earn 1.5 continuing education credits

**New Directions in the Study of Nonsuicidal Self-Injury: Innovative Approaches to the Examination of NSSI in Understudied Populations**
Co-Chairs: Matthew T. Tull, Ph.D., & Courtney Forbes, M.A.
Discussant: Zachary Rosenthal, Ph.D.

Participants earn 1.5 continuing education credits

**The Identification and Treatment of Behavioral Health Problems in Pediatric Primary Care**
Co-Chairs: Jami F. Young, Ph.D., & Jennifer Mautone, Ph.D.
Discussant: Eric Lewandowski, Ph.D.

1:30 p.m. - 2:30 p.m.

Participants earn 1.5 continuing education credits

**Wisdom From the Front Line: Using Provider and Stakeholder Perspectives to Improve Implementation**
Chair: Elizabeth Connors, Ph.D.
Discussant: Lauren Brookman-Frazee, Ph.D.

Participants earn 1.5 continuing education credits

**Innovative Approaches to Youth Dating and Sexual Violence Prevention**
Chair: Aliya R. Webermann, M.A.
Discussant: Tara Cornelius, Ph.D.

1:45 p.m. - 3:15 p.m.

Participants earn 1.5 continuing education credits

**Acceptance and Anxiety: Recent Advances in the Assessment and Treatment of Anxiety Disorders Using an ACT Framework**
Chair: Ryan J. Jacoby, Ph.D.
Discussant: Joanna J. Arch, Ph.D.

Participants earn 1.5 continuing education credits

**Integrating Mobile and Internet Technology With Empirically Supported Treatments for Anxiety and Obsessive-Compulsive Disorder**
Chair: Jennifer L. Buchholz, M.A.
Discussant: Jonathan S. Abramowtiz, Ph.D.

Participants earn 1.5 continuing education credits

**Minority Stress, Gender Affirmation, and Mental Health in Transgender Individuals: Research and Clinical Perspectives**
Chair: Jae A. Puckett, Ph.D.
Discussant: Jillian C. Shipherd, Ph.D.

Participants earn 1.5 continuing education credits

**Models and Methods for Capturing Affective Processes in Psychopathology**
Chair: Aidan G. C. Wright, Ph.D.
Discussant: Aidan G. C. Wright, Ph.D.
Participants earn 1.5 continuing education credits

On the Cusp of a "New Era": Integrating Technological Advances Into Evidence-Based Assessment and Treatment
Chair: Lauren A. Rutter, Ph.D.
Discussant: Per Carlbring, Ph.D.

Participants earn 1.5 continuing education credits

Putative Mechanisms of Response to CBT in Youth With Transdiagnostic Mood Symptoms
Co-Chairs: Amy West, Ph.D., & Victoria Cosgrove, Ph.D.
Discussant: Edward Craighead, Ph.D.

Participants earn 1.5 continuing education credits

Sustaining EBPs Within Large-Scale Implementation Efforts in Public Mental Health Systems
Chair: Anna S. Lau, Ph.D.
Discussant: Shannon Wiltsey-Stirman, Ph.D.

Participants earn 1.5 continuing education credits

Transdiagnostic Cognitive-Affective Vulnerability Factors in the Context of Comorbid Emotional Problems and Opioid Misuse
Co-Chairs: Andrew H. Rogers, B.A., & Jafar Bakhshaie, M.D.
Discussant: Kevin E. Vowles, Ph.D.

Participants earn 1.5 continuing education credits

Using Technology in the Treatment of Youth Anxiety Disorders
Chair: Caroline Donovan, Ph.D.
Discussant: Thomas H. Ollendick, Ph.D.

Participants earn 1.5 continuing education credits

Using Technology to Improve the Effectiveness of Cognitive Therapy and Interpersonal Psychotherapy for Depression: Results From Two Large-Scale Randomized Trials
Chair: Frenk Peeters, M.D.
Discussant: Robert J. DeRubeis, Ph.D.

2:15 p.m.- 3:15 p.m.

Participants earn 1.5 continuing education credits

Mediators and Moderators of the Association Between PTSD and Suicide
Chair: Lily Brown, Ph.D.
Discussant: Jesse R. Cougle, Ph.D.

3:30 p.m.- 4:30 p.m.

Participants earn 1.5 continuing education credits

Disclosure and Help-Seeking After Interpersonal Violence: Understanding the Role of Social Responses in Improving Survivors’ Outcomes and Access to Care
Chair: C. J. E. Fleming, Ph.D.
Discussant: Kathleen Palm Reed, Ph.D.

3:30 p.m.- 5:00 p.m.

Participants earn 1.5 continuing education credits

CBT for Anxiety and Emotion Dysregulation in ASD: New Tools and Clinical Trials
Chair: Connor M. Kerns, Ph.D.
Discussant: Judy Reaven, Ph.D.

Participants earn 1.5 continuing education credits

Challenges and Opportunities in Conducting Research With Suicidal Older Adults
Chair: Dimitris Kiosses, Ph.D.
Discussant: Dora Kanellopoulos, Ph.D.

Participants earn 1.5 continuing education credits

Digital Platforms for Young People With Psychosis: A Focus on Engagement and Treatment
Discussant: David Penn, Ph.D.
Chair: Michelle H. Lim, Ph.D.

Participants earn 1.5 continuing education credits

Enhancing Evidence-Based Psychotherapies in Routine Care Through Fidelity Assessment
Chair: Clara Johnson, B.A.
Discussant: Aaron Hogue, Ph.D.

Participants earn 1.5 continuing education credits

Innovating Mental Health Science With an Ecological Momentary Approach: Applications to Clinical Samples, Treatment Data, and Treatment Delivery
Chair: Ki Eun Shin, M.S.
Discussant: Nader Amir, Ph.D.

Participants earn 1.5 continuing education credits

Innovations in the Treatment of ADHD in College Students
Co-Chairs: Andrea Chronis-Tuscano, Ph.D., & Michael Meinzer, Ph.D
Discussant: George J. DuPaul, Ph.D.

Participants earn 1.5 continuing education credits

Mechanisms of Behavior Change in the Treatment of Alcohol and Other Substance Use Disorders: Disseminating CBT Research Protocols
Chair: Brett T. Hagman, Ph.D.
Discussant: Barbara McCrady, Ph.D.

Participants earn 1.5 continuing education credits

Novel Methods in Clinical Psychology
Chair: Alessandro De Nadai, Ph.D.
Discussant: Scott Baldwin, Ph.D.

Participants earn 1.5 continuing education credits

Sleep Disturbance as a Transdiagnostic Factor in Anxiety-Related Processes
Chair: Rebecca Cox, M.A.
Discussant: Colleen Carney, Ph.D.

Participants earn 1.5 continuing education credits

Some Harm in Looking: Implications of Pornography Use for Relationship and Sexual Outcomes
Chair: Charlie Huntington, B.A.
Discussant: Sarah W. Whitton, Ph.D.

Participants earn 1.5 continuing education credits

Thinking Beyond the Individual: Family Impacts of PTSD and Its Treatment
Chair: Stefanie T. LoSavio, Ph.D.
Discussant: Steffany J. Fredman, Ph.D.

Participants earn 1.5 continuing education credits

Transdiagnostic Group Psychotherapy for Children and Adolescents
Chair: Nina Shiffrin, Ph.D.
Discussant: Mary Alvord, Ph.D.
Participants earn 1.5 continuing education credits

Understanding and Addressing Substance Use and Related Psychological Barriers to HIV Prevention and Treatment Among Men Who Have Sex With Men
Chair: Abigail W. Batchelder, M.P.H., Ph.D.
Discussant: Steven A. Safren, Ph.D.

Saturday, November 17, 2018
8:30 a.m.- 10:00 a.m.

Participants earn 1.5 continuing education credits

A Better Look at Attentional Bias to Threat: Influences of Attentional Control, Prefrontal Executive Function, and Stress
Chair: Peter Putman, Ph.D.
Discussant: Willem van der Does, Ph.D.

Participants earn 1.5 continuing education credits

Closing the Treatment Gap: Technological Applications of Evidence-Based Interventions for Treatment and Training
Chair: Shona N. Vas, Ph.D.
Discussant: Aaron R. Lyon, Ph.D.

Participants earn 1.5 continuing education credits

Cognitive-Behavioral Technological Interventions: A Focus on Military Populations
Chair: Amanda Edwards-Stewart, ABPP
Discussant: Ari Lowell, Ph.D.

Participants earn 1.5 continuing education credits

Diagnosing and Treating Callous-Unemotional Type Conduct Problems in Preschoolers: How Can We Do Better?
Chair: Georgette E. Fleming, B.A.
Discussant: Cheryl McNeil, Ph.D

Participants earn 1.5 continuing education credits

Emotional Regulation in Youth: More than Keeping Calm and Carrying On
Chair: Robert D. Friedberg, ABPP, Ph.D.
Discussant: Mary Fristad, Ph.D.

Participants earn 1.5 continuing education credits

Flexing With Fidelity: Routine Care Delivery of Transdiagnostic and Modular Treatment
Co-Chairs: Kate H. Bentley, Ph.D., & Cassidy Gutner, Ph.D.
Discussant: Shannon Wiltsey-Stirman, Ph.D.

Participants earn 1.5 continuing education credits

Harnessing Neuroimaging Technology in Understanding Mental Health in the Real World: Implications for Psychosocial Interventions
Co-Chairs: Thilo Deckersbach, Ph.D., & Alexandra K. Gold, M.A.
Discussant: Michael W. Otto, Ph.D.

Participants earn 1.5 continuing education credits

Hello World: Applying Machine Learning Data Analytic Approaches to Clinical Psychology Research
Co-Chairs: Megan Hughes-Feltenberger, Ph.D., & Madeline R. Marks, M.S.
Discussant: David H. Feltenberger, M.S.

Participants earn 1.5 continuing education credits

Intolerance of Uncertainty: Evidence From Experimental and Laboratory Tasks
Co-Chairs: Evelyn Behar, Ph.D., & Rachel Ranney, M.A.
Discussant: Jonathan S. Abramowitz, Ph.D.

Participants earn 1.5 continuing education credits

Mental Illness and Violence: Risks, Misconceptions, and the Role of Policy
Chair: Miranda L. Beltzer, M.A.
Discussant: Heather O’Beirne Kelly, Ph.D.

Participants earn 1.5 continuing education credits

Transdiagnostic Processes in Eating Disorders: How Shared Mechanisms Can Inform Treatment
Chair: Leigh C. Brosof, B.A.
Discussant: Drew Anderson, Ph.D.

9:00 a.m.- 10:00 a.m.

Participants earn 1.5 continuing education credit

As If Parenting Wasn’t Hard Enough: The Attenuating Role of Parental Psychopathology on Behavioral Parent Training
Chair: Alexis M. Garcia, M.S.
Discussant: Andrea Chronis-Tuscano, Ph.D.

Participants earn 1.5 continuing education credit

Current Trends in Behavioral Medicine: Role of Cognitive Vulnerability in Chronic Health Conditions
Chair: Samantha G. Farris, Ph.D.
Discussant: Ana M. Abrantes, Ph.D.

Participants earn 1.5 continuing education credit

Leveraging Technology to Understand and Address Bisexual Stigma and Health
Chair: Brian A. Feinstein, Ph.D.
Discussant: Brian Dodge, Ph.D.

Participants earn 1.5 continuing education credit

Seeing the Trees for the Forest: Personalized and Precision Approaches to Discrete Behavior Change
Co-Chairs: Aaron J. Fisher, Ph.D., & Peter D. Soyster, B.A.
Discussant: Aaron J. Fisher, Ph.D.

10:15 a.m.- 11:15 a.m.

Participants earn 1.5 continuing education credit

Applications of Individual Level Modeling: Promises, Pitfalls, and Possibilities
Co-Chairs: Marilyn L. Piccirillo, M.A., & Natasha A. Tonge, M.A.
Discussant: Richard J. McNally, Ph.D.
10:15 a.m. - 11:45 a.m.

- Participants earn 1.5 continuing education credits
  Translational Intervention Research in Depression: Exploring Mechanisms of Action
  Co-Chairs: Timothy J. Strauman, Ph.D.
  Chair: Jaimie Lunsford, M.A.

- Participants earn 1.5 continuing education credits
  Looking Within the Black Box of Family Violence: How Assessment of Incidents of Aggression Can Inform Understanding of Etiological Processes
  Chair: Amy D. Marshall, Ph.D.
  Discussant: Amy M. Smith Slep, Ph.D.

- Participants earn 1.5 continuing education credits
  Promoting Mental Health Through Dyadic Functioning in Same-Sex Couples: From Basic Relationship Science to Technology-Based Intervention Development
  Chair: Kimberly Z. Pentel, M.A.
  Discussant: Joanne Davila, Ph.D.

- Participants earn 1.5 continuing education credits
  A Revolution in Care: Updating Knowledge and Achieving Implementable Solutions in Digital Mental Health
  Chair: Cristina Botella, Ph.D.
  Discussant: Stefan G. Hofmann, Ph.D.

- Participants earn 1.5 continuing education credits
  Bringing People Together: Using Technology to Broaden the Reach, Improve the Impact, and Evaluate the Effectiveness of Relationship Interventions
  Chair: Tatiana D. Gray, Ph.D.
  Discussant: Brian D. Doss, Ph.D.

- Participants earn 1.5 continuing education credits
  Cognitions, Behaviors, and Emotions Across the Romantic Relationship Life Span: Assessing Relational Conflict Competencies Using Novel Methodology
  Co-Chairs: Binghuang Wang, & Judith Biesen, M.A.
  Discussant: Christina Balderrama-Durbin, Ph.D.

- Participants earn 1.5 continuing education credits
  Examining the Role of Anxiety in Maladaptive Health Behaviors
  Co-Chairs: Andrew H. Rogers, B.A., & Arielle Horenstein, M.A.
  Discussant: Jasper Smits, Ph.D.

- Participants earn 1.5 continuing education credits
  Executive Function in Anxiety and Depressive Disorders
  Co-Chairs: Hani Zainal, M.S., & Michelle G. Newman, Ph.D.
  Discussant: Thomas H. Ollendick, Ph.D.

- Participants earn 1.5 continuing education credits
  Getting Specific About Emotion Dysregulation in Borderline Personality Disorder: A Multi-method Approach
  Chair: Matthew W. Southward, M.A.
  Discussant: Kim Gratz, Ph.D.

- Participants earn 1.5 continuing education credits
  Investigating Substance Use Motives to Inform Intervention and Prevention Efforts
  Chair: Samuel R. Davis, B.A.
  Discussant: Mark Prince, M.S., Ph.D.

- Participants earn 1.5 continuing education credits
  Longitudinal Investigations of the Complex Relationships Between Body Dissatisfaction, Coping Behaviors, and Health Outcomes
  Chair: Lauren A. Stutts, Ph.D.
  Discussant: C. Alix Timko, Ph.D.

- Participants earn 1.5 continuing education credits
  Motivational and Self-Regulatory Processes Associated With Complicated Grieving
  Chair: Joah Williams, Ph.D.
  Discussant: Alyssa Rheingold, Ph.D.

- Participants earn 1.5 continuing education credits
  Co-Chairs: Denis G. Sukhodolsky, Ph.D., & Karim Ibrahim, Psy.D.
  Discussant: Kevin Pelphrey, Ph.D.

12:00 p.m. - 1:30 p.m.

- Participants earn 1.5 continuing education credits
  School-Based Treatment of High School Students With ADHD: Results of a Large Randomized Controlled Trial
  Chair: Steven W. Evans, Ph.D.
  Discussant: Joshua Langberg, Ph.D.

- Participants earn 1.5 continuing education credits
  The Hierarchical Taxonomy of Psychopathology: An Emerging Dimensional Approach to Mental Disorder Research and Treatment
  Chair: Christopher C. Conway, Ph.D.
  Discussant: Jennifer Tackett, Ph.D.

- Participants earn 1.5 continuing education credits
  Transcultural and Transdiagnostic Application of Behavioral Activation
  Chair: Yun Chen, M.A.
  Discussant: Stacey B. Daughters, Ph.D.

- Participants earn 1.5 continuing education credits
  What's Going on in the Therapy Room? Measuring In-Session Client and Provider Behaviors Within the Community Implementation of Evidence-Based Practices for Youth
  Chair: Bryce McLeod, Ph.D.
  Discussant: Aaron Hogue, Ph.D.

12:00 p.m. - 1:30 p.m.

- Participants earn 1.5 continuing education credits
  Residential Dialectical Behavior Therapy for Adolescents: An Overview of Treatment Outcomes
  Chair: Luciana G. Payne, Ph.D.
  Discussant: Alec L. Miller, Psy.D.

- Participants earn 1.5 continuing education credits
  What Can We Learn About CBT by Studying Trajectories of Change?
  Chair: Jacqueline B. Persons, Ph.D.
  Discussant: Stefan G. Hofmann, Ph.D.
12:30 p.m.-1:30 p.m.

🔹 Participants earn 1 continuing education credit

Participant Observations: Considerations and Applications Across Home, Outpatient, and School Contexts
Chair: Michelle Grimes, Ph.D.
Discussant: David Reitman, Ph.D.

🔹 Participants earn 1.5 continuing education credits

Examination of Implementation Leadership and Climate on Implementation in Schools and Community Mental Health Services
Chair: Kelsey S. Dickson, Ph.D.
Discussant: Gregory S. Aarons, Ph.D.

1:45 p.m.-3:15 p.m.

🔹 Participants earn 1.5 continuing education credits

A Loneliness Epidemic? Examining Causes, Correlates, and Interventions for Social Disconnection in the Modern Age
Co-Chairs: Nicole J. LeBlanc, M.A., & Emily E. Bernstein, M.A.
Discussant: Thomas L. Rodebaugh, Ph.D.

🔹 Participants earn 1.5 continuing education credits

A Multimodal Approach to Abnormal Reward Processing and Affective Psychopathology
Chair: Benjamin A. Katz, M.A.
Discussant: Lauren B. Alloy, Ph.D.

🔹 Participants earn 1.5 continuing education credits

Adding to the CBT Evidence Database: Including Costs, and Benefits, for Cost-Effectiveness and Cost-Benefit Analyses
Chair: Brian T. Yates, Ph.D.
Discussant: Michael C. Freed, Ph.D.

🔹 Participants earn 1.5 continuing education credits

Conceptualization of Sensory Overresponsivity: Implications for Classification of Psychopathology
Co-Chairs: Martha Falkenstein, Ph.D., & David A. F. Haaga, Ph.D.
Discussant: Eric A. Storch, Ph.D.

🔹 Participants earn 1.5 continuing education credits

Early Identification of Risk for ADHD in Infancy, Toddlerhood, and Preschool: A Series of Longitudinal Investigations
Chair: Natalie Miller, Ph.D.
Discussant: Andrea Chronis-Tuscano, Ph.D.

3:30 p.m.-4:30 p.m.

🔹 Participants earn 1 continuing education credit

Clinical Utility of Novel Psychophysiological Measures of Depression and Anxiety in the Age of RDoC
Chair: Emily Meissel, B.A.
Discussant: Nader Amir, Ph.D.

🔹 Participants earn 1.5 continuing education credits

Preventing Prescription Stimulant Misuse: Insights From Ecological Momentary Assessment and Simulation Studies
Chair: Laura Holt, Ph.D.
Discussant: Christopher J. Correia, Ph.D.

3:30 p.m.-5:00 p.m.

🔹 Participants earn 1.5 continuing education credits

“Positively Terrifying”: Multimethod Examinations of Positivity Impairments as an Integral Feature of SAD
Chair: Justin W. Weeks, Ph.D.
Discussant: Lynn Alden, Ph.D.

🔹 Participants earn 1.5 continuing education credits

Building Trauma-Informed Systems for Our Youth: Perspectives From Implementing Trauma-Focused CBT in the Community
Chair: Briana S. Last, M.A.
Discussant: Rinad Beidas, Ph.D.

🔹 Participants earn 1.5 continuing education credits

Capitalizing on Children and Teens’ Engagement With Technology to Improve Behavioral Health: Preliminary Progress and Pitfalls
Chair: Jennifer S. Silk, Ph.D.
Discussant: Tina Goldstein, Ph.D.

🔹 Participants earn 1.5 continuing education credits

Disseminating CBT for OCD: Moving Exposure From the Clinic to the Community and the Computer
Chair: Ryan J. Jacoby, Ph.D.
Discussant: Pim Cuijpers, Ph.D.
Participants earn 1.5 continuing education credits

Evidence-Based Treatment With Gender Minority Individuals: Considerations for Affirmative Practice
Chair: Debra A. Hope, Ph.D.
Discussant: John Pachankis, Ph.D.

Participants earn 1.5 continuing education credits

From Intuition to Machine Learning: How Is Technology Changing Ways We Assess and See Progress With Clients With Mood Disorders?
Chair: Stephanie Salcedo, M.A.
Discussant: Eric A. Youngstrom, Ph.D.

Participants earn 1.5 continuing education credits

If You Build It, They Will Come... But How Do We Get Them to Stay? The Role of Support in e-Health Interventions
Chair: Carmen McLean, Ph.D.
Discussant: Michelle G. Newman, Ph.D.

Participants earn 1.5 continuing education credits

Improving the Inclusivity, Replicability, and Generalizability of Couples Research Through Technological and Methodological Innovations
Chair: Feea Leifker, M.P.H., Ph.D.
Discussant: Brian D. Doss, Ph.D.

Participants earn 1.5 continuing education credits

Innovative Approaches to Studying the Co-Occurrence of Posttraumatic Stress Disorder and Risky, Self-Destructive, and Health-Compromising Behaviors
Chair: Nicole H. Weiss, Ph.D.
Discussant: Carla Danielson, Ph.D.

Participants earn 1.5 continuing education credits

Innovative Technology to Assess and Treat Core and Co-Occurring Problems in Autism
Chair: Daniel L. Hoffman, ABPP, Ph.D.
Discussant: Judith Reaven, Ph.D.

Participants earn 1.5 continuing education credits

Multilocus Genetic Profile Scores: A Cutting-Edge Tool for Examining Genetic Risk for Depression and Related Constructs
Chair: Suzanne Vrshek-Schallhorn, Ph.D.
Discussant: Lea R. Dougherty, Ph.D.

Participants earn 1.5 continuing education credits

Multimodal Measurement of Emotion and Emotion Regulation: Opportunities for Enhancing Clinical Science and Treatment
Chair: Vera Vine, Ph.D.
Discussant: Ann Kring, Ph.D.

Participants earn 1.5 continuing education credits

Predictors, Moderators, and Mediators in Youth Anxiety Disorders
Chair: Dean McKay, ABPP, Ph.D.
Discussant: Thomas H. Ollendick, Ph.D.

Participants earn 1.5 continuing education credits

Global Mental Health Applications of CBT: Contextual Adaptation and Outcomes of an RCT of the Unified Protocol for the Treatment of Emotional Disorders in Victims of Armed Conflict in Colombia
Chair: Leonidas Castro-Camacho, ABPP, Ph.D.
Discussant: David H. Barlow, ABPP

Participants earn 1.5 continuing education credits

Interpersonal Violence and Intersecting Health Risks Among Young Women
Co-Chairs: Lindsay Orchowski, Ph.D., & Miryam Yusufov, Ph.D.
Discussant: Kathleen Palm Reed, Ph.D.

Participants earn 1.5 continuing education credits

Bridge the Gap Between Observed and Real-World Behavior and in-lab Self-Report: Applications of Technology to Understanding Psychosis and Related Psychopathology
Chair: Charlie A. Davidson, Ph.D.
Discussant: William Spaulding, Ph.D.

Participants earn 1.5 continuing education credits

Clinic-Based Research to Enhance the Effectiveness of Couple and Family Therapy
Chair: Steven L. Sayers, Ph.D.
Discussant: Shirley Glynn, Ph.D.

Participants earn 1.5 continuing education credits

Couple and Family Functioning in the Face of Adversity: Examining the Intra- and Inter-Personal Consequences of Spousal and Parental Psychopathology Using Longitudinal Methodology
Chair: Judith Biesen, M.A.
Discussant: Keith Renshaw, Ph.D.

Participants earn 1.5 continuing education credits

Friend or Foe? Technology Use in Individuals With ADHD
Chair: Rosanna Breaux, Ph.D.
Discussant: Amori Mikami, Ph.D.

Participants earn 1.5 continuing education credits

Innovations in Behavioral Interventions for Disturbed Sleep
Chair: Jessica C. Levenson, Ph.D.
Discussant: Colleen Carney, Ph.D.

Participants earn 1.5 continuing education credits

Innovative Psychological Approaches to Assessing and Treating Pediatric Patients With Autonomic Dysfunction
Chair: Jessica Malmberg, Ph.D.
Discussant: Sally Tarbell, Ph.D.
F
Participants earn 1.5 continuing education credits
Measurement-Based Care for Depression: Understanding the Current State and Large Scale Implementation Efforts
Chair: Kelli Scott, B.A.
Discussant: Aaron R. Lyon, Ph.D.

F
Participants earn 1.5 continuing education credits
Mediators of Change and Predictors of Outcome With Exposure-Based CBT for OCD
Chair: Michael Wheaton, Ph.D.
Discussant: Bunmi Olatunji, Ph.D.

F
Participants earn 1.5 continuing education credits
Novel Insights on Eating Disorder Treatment and Etiology From Network and Complexity Science
Co-Chair: Shirley B. Wang, B.A., & Payton Jones, B.S.
Discussant: Cheri A. Levinson, Ph.D.

F
Participants earn 1.5 continuing education credits
Out of the Ivory Tower, and Into the Real World: Effectiveness and Sustainability of CBT in Naturalistic Settings
Chair: Jeremy Tyler, Psy.D.
Discussant: Michael Southam-Gerow, Ph.D.

F
Participants earn 1.5 continuing education credits
Pediatric Irritability: Current Understandings and Implications for Care
Chair: Karen T. G. Schwartz, M.S.
Discussant: Melissa A. Brotman, Ph.D.

F
Participants earn 1.5 continuing education credits
Predictors of Treatment Response and Novel Strategies for the Augmentation of CBT for Body Dysmorphic Disorder
Chair: Fanny Alexandra Dietel, M.S.
Discussant: Jamie Feusner, M.D.

F
Participants earn 1.5 continuing education credits
Reducing Disparities: Strategies for Engaging Minority and Low-Income Families in Mental Health Care
Chair: Amanda L. Sanchez, M.S.
Discussant: Antonio Polo, Ph.D.

F
Participants earn 1.5 continuing education credits
Using Technology and Diverse Measurement Methodologies to Examine the Influence of Community Context on Children’s Adjustment
Discussant: John Lochman, Ph.D.
Chair: Francesca Kassing, M.A.

9:00 a.m.- 10:00 a.m.
F
Participants earn 1.5 continuing education credits
Mapping the Functions of Self-Destructive Behaviors
Chair: Emily B. Cooney, Ph.D.
Discussant: Kim L. Gratz, Ph.D.

10:15 a.m.- 11:15 a.m.
F
Participants earn 1.5 continuing education credits
Ecological Momentary Assessment of Self-Injurious Thoughts and Behaviors: Identifying Near-Term Risk Factors in Daily Life
Chair: Sarah E. Victor, Ph.D.
Discussant: Heather T. Schatten, Ph.D.

10:15 a.m.- 11:45 a.m.
F
Participants earn 1.5 continuing education credits
A Gender-Responsive Analysis of Criminal Thinking: Elucidating the Role of Gender in the Nature and Impact of Criminal Thinking in Justice-Involved Clients
Chair: Natalie J. Jones, Ph.D.
Discussant: Raymond A. DiGiuseppe, ABPP, Ph.D.

F
Participants earn 1.5 continuing education credits
Beyond Symptoms: Novel Applications of Network Analysis in Clinical Psychology
Chair: Richard J. McNally, Ph.D.
Discussant: Richard J. McNally, Ph.D.

F
Participants earn 1.5 continuing education credits
Developing and Testing Novel Treatments for Comorbid Anxiety and Addiction
Chair: Nicole A. Short, M.Sc.
Discussant: Sherry Stewart, Ph.D.

F
Participants earn 1.5 continuing education credits
Exploring Difficulties in Decision Making in Hoarding: A Focus on Cognitive, Emotional, and Motivational Factors
Chair: Kiara R. Timpano, Ph.D.
Discussant: Randy Frost, Ph.D.

F
Participants earn 1.5 continuing education credits
How Do Different PTSD Treatments Work? Clues From Mediation Research
Co-Chairs: Carmen McLean, Ph.D., & Thea Gallagher, Psy.D.
Discussant: Denise Sloan, Ph.D.

F
Participants earn 1.5 continuing education credits
Innovative Interventions for Perinatal Mood Disorders: Developing and Evaluating Strategies to Improve Maternal and Child Outcomes
Chair: Cynthia L. Battle, Ph.D.
Discussant: Robert Ammerman, Ph.D.

10:15 a.m.- 11:45 a.m.
Participants earn 1.5 continuing education credits
Methodological Innovations in the Investigation of Refugee Mental Health
Chair: Yulisha Byrow, Ph.D.
Discussant: Anu Asnaani, Ph.D.

Participants earn 1.5 continuing education credits
Methodological Innovations: Precision Neuroimaging, Machine Learning Tournaments, and Computational Modeling to Accelerate Clinical Science
Co-Chairs: Zachary D. Cohen, M.A., & Peter F. Hitchcock, M.S.
Discussant: Greg J. Siegle, Ph.D.

Participants earn 1.5 continuing education credits
Novel Applications of Behavioral Economic Theory: Alcohol Misuse and PTSD
Chair: Meghan McDevitt-Murphy, Ph.D.
Discussant: Brian Borsari, Ph.D.

Participants earn 1.5 continuing education credits
Novel, Group-Based Relationship Interventions: The Use of Technology in Implementation and Preliminary Evidence of Effectiveness
Chair: Galena Rhoades, Ph.D.
Discussant: Kristina C. Gordon, Ph.D.

Participants earn 1.5 continuing education credits
Repetitive Negative Thinking as a Transdiagnostic Vulnerability Factor: A Focus on Mechanisms and Cognition-Emotion Interactions
Chair: Caitlin A. Brown, M.S.
Discussant: Douglas Mennin, Ph.D.

Participants earn 1.5 continuing education credits
The Transdiagnostic Role of Anxiety-Related Factors in Treatment Outcomes Across Weight-Related Disorders
Co-Chairs: Diana Rancourt, Ph.D., & Nicholas R. Farrell, Ph.D.
Discussant: Carolyn B. Becker, Ph.D.

RESEARCH AND PROFESSIONAL DEVELOPMENT

Friday, November 16
10:00 a.m.–11:15 a.m.
Research and Professional Development 1
Participants earn 1.5 continuing education credits
Conversation With NIMH Director Dr. Joshua Gordon on Clinical Psychological Science, and ABCT and NIMH’s Shared Mission to Reduce the Burden of Mental Illness
Chair: Kiara Timpano, Ph.D., University of Miami
Speakers: Joshua Gordon, M.D., Ph.D., National Institute of Mental Health, Bethany Teachman, Ph.D., University of Virginia & Coalition for the Advancement and Application of Psychological Science

1:45 p.m.–3:15 p.m.
Research and Professional Development 2
Participants earn 1.5 continuing education credits
Translating Clinical Science to Enhance Practice: Policy and Products
Chair: Lynn F. Bufka, Ph.D., American Psychological Association
Speakers: Lynn F. Bufka, Ph.D., Raquel G. Halfond, Ph.D., and Valie Wright, Ph.D., American Psychological Association, and Dean McKay, Ph.D., Fordham University

Saturday, November 17
10:15 a.m.–11:45 a.m.
Research and Professional Development 5
Participants earn 1.5 continuing education credits
Translating Research Into Action: Forming a Link Between Evidence and Policy
Co-Chairs: Cassidy Gutner, Ph.D., Boston University, VA National Center for PTSD, & Courtney Benjamin Wolk, Ph.D., University of Pennsylvania
Speakers: Jillian Shipherd, Ph.D., VA National Center for PTSD, Jonathan Purtle, DrPH, Drexel University, Lynn F. Bufka, Ph.D., American Psychological Association

Q & A With NIMH Program Staff:
Current Priorities and Funding Opportunities for Clinical Research and Research Training
Chairs: Joel Sherrill, Ph.D., NIMH
Speakers: Adam Haim, Ph.D., Division of Services and Intervention Research (NIMH), Lauren Hill, Ph.D., Division of Services and Intervention Research (NIMH), Sarah Morris, Ph.D., Division of Translational Research (NIMH), Denise Pintello, Ph.D., Division of Services and Intervention Research (NIMH), Mary Rooney, Ph.D., Division of Services and Intervention Research (NIMH)

3:30 p.m.–5:00 p.m.
Research and Professional Development 4
Participants earn 1.5 continuing education credits
Disseminating Psychology in a Post-Truth and Anti-Science World: How to Communicate Science Directly to the Public
Chair: Mitchell J. Prinstein, ABPP, Ph.D., University of North Carolina at Chapel Hill
Speakers: Mitchell J. Prinstein, ABPP, Ph.D., University of North Carolina at Chapel Hill, Stephen Hinshaw, Ph.D., UC-Berkeley, Joanne Davila, Ph.D., Stony Brook University, Anne Marie Albano, ABPP, Ph.D., Columbia University Medical Center, Dean McKay, ABPP, Ph.D., Fordham University

Mentoring in the Age of #MeToo
Co-Chairs: Barbara W. Kamholz, ABPP, Ph.D., VA Boston HCS/ BU School of Medicine, & Risa Weisberg, Ph.D., VA Boston Healthcare System and Boston University School of Medicine
Speakers: Elizabeth Meadows, Ph.D.,

xx General Sessions | Convention 2018
Trauma & Anxiety Disorders Clinic, Central Michigan University, Megan Pinkston, Ph.D., Miriam Hospital, Mitchell J. Prinstein, ABPP, Ph.D., University of North Carolina at Chapel Hill, Keith Renshaw, Ph.D., George Mason University, Monnica Williams, Ph.D., University of Connecticut

10:15 a.m.–11:45 a.m.
Research and Professional Development 7
+ Participants earn 1.5 continuing education credits

Getting the Grant: A Discussion With Funding Agency Representatives About Priorities and Application Strategies for the Researchers of ABCT
Chair: Nathaniel R. Herr, Ph.D., American University
Speakers: Joel Sherrill, Ph.D., National Institute of Mental Health, Jill Harkavy-Friedman, Ph.D., American Foundation for Suicide Prevention, Will M. Aklin, Ph.D., National Institute of Drug Abuse, Holly Ramsawh, Ph.D., Patient-Centered Outcomes Research Institute, Brett T. Hagman, Ph.D., National Institute on Alcohol Abuse and Alcoholism

Sunday, November 18
8:30 a.m.–10:00 a.m.
Research and Professional Development 8
+ Participants earn 1.5 continuing education credits

Conducting Research in Your Private Practice: Tips and Pointers
Chair: Jacqueline B. Persons, Ph.D., Oakland Cognitive Behavior Therapy Center
Speakers: Jacqueline B. Persons, Ph.D., Oakland Cognitive Behavior Therapy Center, Kelly Koerner, Ph.D., Evidence-Based Practice Institute, LLC, Linda A. Dimeff, Ph.D., Evidence-Based Practice Institute, LLC, Travis L. Osborne, Ph.D., Evidence Based Treatment Centers of Seattle, Jason B. Luoma, Ph.D., Portland Psychotherapy Clinic, Research, and Training Center

10:15 a.m.–11:45 a.m.
Research and Professional Development 9
+ Participants earn 1.5 continuing education credits

Becoming the Most Prolific Writer You Know: Evidence-Based Strategies for Boosting Productivity in Your Academic Writing
Chair: Andres De Los Reyes, Ph.D., University of Maryland
Speaker: Andres De Los Reyes, Ph.D., University of Maryland

Invited Addresses

Invited Address 1
Friday, 12:30 p.m.–1:30 p.m.
The Dodo Bird in the Digital Age: How E-Mental Health Can Improve Prevention and Treatment of Mental Health Problems
Pim Cuijpers, Ph.D., Vrije Universiteit Amsterdam

Invited Address 2
Saturday, 12:00 p.m.–1:00 p.m.
Improving the Quality of Evidence-Based Treatments: Can (and Should) Technology Help?
Patricia A. Areán, Ph.D., University of Washington

Invited Address 3
Saturday, 1:45 p.m.–2:45 p.m.
Using New Technologies to Better Understand, Predict, and Prevent Suicidal Behavior
Matthew K. Nock, Ph.D., Harvard University

SPOTLIGHT RESEARCH + Participants earn 1 continuing education credit

Friday, November 16
1:45 p.m.–2:45 p.m.
SPOTLIGHT Research 1
Using Technology to Target Risk Factors for Psychopathology
Chair: Kiara Timpano, Ph.D., University of Miami
Panelist: Brad B. Schmidt, Ph.D., Florida State University

3:00 p.m.–4:00 p.m.
SPOTLIGHT Research 2
Technological Advances in Clinical Consultation: Enhancing Practitioner Engagement
Chair: Tanya Freedland, MPS, University of Minnesota
Panelist: Julie Rohovit, Ph.D., University of Minnesota

Saturday, November 17
3:30 p.m.–4:30 p.m.
SPOTLIGHT Research 3
Treatment for Anhedonia: A Neuroscience Driven Approach
Chair: Alicia E. Meuret, Ph.D., Southern Methodist University
Panelist: Michelle Craske, Ph.D., UCLA

Sunday, November 18
10:15 a.m.–11:15 a.m.
SPOTLIGHT Research 4
Chair: Jeffrey J. Wood, Ph.D., UCLA
Panelist: Karen Wood, Ph.D., UCLA School of Medicine
Special Interest Group Meetings

Attendance at an ABCT SIG meeting is a wonderful networking opportunity. The SIGs focus on a diverse range of topics, including treatment approaches, specific disorders, or unique populations.

Addictive Behaviors • Saturday, 12:00 p.m.- 1:30 p.m., Marriott Balcony A, Mezzanine Level

African Americans in Behavior Therapy • Friday, 10:15 a.m.- 11:45 a.m., Truman, Mezzanine Level

Aging Behavior & Cognitive Therapy • Friday, 11:30 a.m.- 12:30 p.m., Taft, Mezzanine Level

Anxiety Disorders • Saturday, 1:45 p.m.- 3:15 p.m., Taft, Mezzanine Level

Attention-Deficit/Hyperactivity Disorder • Friday, 1:45 p.m.- 3:15 p.m., Coolidge, Mezzanine Level

Autism Spectrum and Developmental Disorders
Friday, 8:30 a.m.- 10:00 a.m., Madison B, Mezzanine Level

Behavior Analysis • Friday, 12:30 p.m.- 1:30 p.m., Cleveland 2, Mezzanine Level

Behavioral Medicine and Integrated Primary Care
Saturday, 1:45 p.m.- 3:15 p.m., Wilson C, Mezzanine Level

Behavioral Sleep Medicine • Saturday, 10:15 a.m.- 11:45 a.m., Wilson C, Mezzanine Level

Bipolar Disorders • Friday, 3:30 p.m.- 5:00 p.m., Taft, Mezzanine Level

Child and Adolescent Anxiety • Saturday, 10:15 a.m.- 11:45 a.m., McKinley, Mezzanine Level

Child and Adolescent Depression • Friday, 9:00 a.m.- 10:00 a.m., Taft, Mezzanine Level

Child Maltreatment and Interpersonal Violence
Friday, 3:30 p.m.- 5:00 p.m., Taylor, Mezzanine Level

Child and School-Related Issues • Friday, 10:00 a.m.- 11:00 a.m., Taft, Mezzanine Level

Clinical Psychology at Liberal Arts Colleges
Saturday, 10:15 a.m.- 11:45 a.m., Virginia C, Lobby Level

Clinical Research Methods and Statistics • Saturday, 12:00 p.m.- 1:00 p.m., Taft, Mezzanine Level

Cognitive Therapy • Saturday, 10:45 a.m.- 11:45 a.m., Taft, Mezzanine Level

Couples Research and Treatment • Friday, 2:30 p.m.- 3:30 p.m., McKinley, Mezzanine Level

Dissemination and Implementation Science
Saturday, 1:45 p.m.- 3:15 p.m., Lincoln 2, Exhibition Level

Forensic Issues and Externalizing Behaviors
Friday, 10:15 a.m.- 11:45 a.m., McKinley, Mezzanine Level

Hispanic Issues in Behavior Therapy • Sunday, 10:00 a.m.- 11:00 a.m., Buchanan, Mezzanine Level

Men's Mental and Physical Health • Saturday, 9:00 a.m.- 10:00 a.m., Taft, Mezzanine Level

Military Psychology • Friday, 1:00 p.m.- 2:00 p.m., Taft, Mezzanine Level

Mindfulness and Acceptance • Saturday, 3:30 p.m.- 4:30 p.m., Taft, Mezzanine Level

Native American Issues in Behavior Therapy and Research • Friday, 10:15 a.m.- 11:45 a.m., Cleveland 2, Mezzanine Level

Neurocognitive Therapies/Translational Research
Saturday, 2:30 p.m.- 3:30 p.m., Virginia C, Lobby Level

Obesity and Eating Disorders • Saturday, 3:30 p.m.- 5:00 p.m., Wilson C, Mezzanine Level

Oppression and Resilience: Minority Mental Health
Sunday, 10:15 a.m.- 11:45 a.m., Roosevelt 4, Exhibition Level

Parenting and Families • Saturday, 3:30 p.m.- 5:00 p.m., McKinley, Mezzanine Level

Schizophrenia and Other Serious Mental Disorders
Saturday, 8:30 a.m.- 10:00 a.m., Wilson C, Mezzanine Level

Sexual and Gender Minority • Sunday, 8:30 a.m.- 10:00 a.m., Wilson A, Mezzanine Level

Spiritual and Religious Issues in Behavior Change
Friday, 10:15 a.m.- 11:45 a.m., Buchanan, Mezzanine Level

Student • Sunday, 10:15 a.m.- 11:15 a.m., Taft, Mezzanine Level

Suicide and Self-Injury • Friday, 1:45 p.m.- 2:45 p.m., Madison A, Mezzanine Level

Technology and Behavior Change • Friday, 12:00 p.m.- 1:30 p.m., McKinley, Mezzanine Level

TIC and Impulse Control Disorders • Friday, 2:00 p.m.- 3:00 p.m., Taft, Mezzanine Level

Trauma and PTSD • Sunday, 9:00 a.m.- 10:00 a.m., Taft, Mezzanine Level

Women's Issues in Behavior Therapy • Sunday, 9:00 a.m.- 10:00 a.m., Cleveland 2, Mezzanine Level
Registration

Preregister on-line at www.abct.org. To pay by check, complete the registration form available in PDF format on the ABCT website. Participants are strongly urged to register by the preregistration deadline of October 15. Beginning October 16 all registrations will be processed at the on-site rates.

Please note: Convention Program Books will be distributed on-site. (To view the entire program, access the Itinerary Planner at www.abct.org/conv2018; also, a PDF of the program book will be online after November 1.)

To receive member registration fees, members must renew for 2019 before completing their registration process or to join as a New Member of ABCT: (https://www.abctcentral.org/eStore/index.cfm)

Preconvention Ticketed Sessions & Registration Preconvention Sessions will be held on Thursday, November 16 at the Washington Marriott Wardman Park Hotel. All preconvention sessions are designed to be intensive learning experiences. Pre-register to ensure participation.

Registration for all PRE-Convention Sessions (AMASS, Clinical Intervention Seminars, Institutes) will take place in the Washington Marriott Wardman Park Hotel at the ABCT Onsite Registration area in the Atrium, Exhibition Level.

• Thursday, November 15: 7:30 a.m. – 6:30 p.m.

General Registration

Upon arrival at the Washington Marriott Wardman Park Hotel, you can pick up the program book, addendum, additional convention information, and ribbons at the Pre-Registration Desk in the Atrium, Exhibition Level.

PLEASE REMEMBER to BRING CONFIRMATION LETTER WITH YOU to the MEETING.

Onsite Registration AND Preregistration pickup will be open:

• Thursday, November 15: 7:30 a.m. – 6:30 p.m.
• Friday, November 16: 7:30 a.m. – 6:30 p.m.
• Saturday, November 17: 7:30 a.m. – 6:30 p.m.
• Sunday, November 18: 7:30 a.m. – 1:00 p.m.

The general registration fee entitles the registrant to attend all events on November 15 – November 18 except for ticketed sessions. Your canceled check is your receipt. Email confirmation notices will be generated automatically for on-line registrations and will be sent via email the same day you register. Email confirmations will be sent within 1 week for faxed and mailed registrations. If you do not receive an email confirmation in the time specified, please call the ABCT central office, (212) 647-1890, or email Tonya Childers-Collens at tchilders@abct.org.

You must wear your badge at all times to be admitted to all official ABCT sessions, events, and the exhibits. If you lose your badge there will be a $15 charge for the replacement.

All presenters (except for the first two presenters of ticketed CE sessions) must pay the general registration fee. Leaders of ticketed session will receive information regarding their registration procedure from the ABCT Central Office.

Admission to all ticketed sessions is by ticket only. Preregistration is strongly advised as ticketed sessions are sold on a first-come, first-served basis.

Please note: NO PURCHASE ORDERS WILL BE ACCEPTED.

To register, please choose one format:

Registering On-Line The quickest method is to register on-line (go to abct.org and click on the convention banner on the home page, or go to www.abct.org/conv2018). Use this method for immediate feedback on which ticketed sessions you will be attending. To receive members’ discounted rates, your ABCT dues must be up to date. If your membership has lapsed, use this opportunity to renew (https://www.abctcentral.org/eStore/index.cfm).

To get member rates at this conference, your ABCT dues must be paid through October 31, 2019. The ABCT membership year is November 1, 2018 – October 31, 2019. To renew, go to abct.org or the on-site membership booth.

Registering by Fax You may fax your completed registration form, along with credit card information and your signature, to (212) 647-1865. If you choose this method please DO NOT send a follow-up hard copy. This will cause double payment. For preregistration rates, please register BEFORE the deadline date of October 15.

Registering by Mail All preregistrations that are paid by check must be mailed to ABCT, 305 Seventh Avenue, 16th Floor, New York, NY, 10001. For preregistration rates, forms must be postmarked by the deadline date of Monday, October 15. Forms postmarked beginning Tuesday, October 16 will be processed at on-site rates. Forms postmarked October 23, or later will be processed on-site. There will be no exceptions. Refund Policy Cancellation refund requests must be in writing. Refunds will be made until the October 15 deadline, and a $40 handling fee will be deducted. Because of the many costs involved in organizing and producing the Convention, no refunds will be given after October 15.

Payment Policy

All fees must be paid in U.S. currency on a U.S. bank. Any bank fees charged to the Association will be passed along to the attendee. Please make checks payable to ABCT.

Exhibits, ABCT Information Booth Hours

New for 2018: Exhibitor Reception, Thursday, November 15, 6:00 p.m. – 8:00 p.m.

• Friday & Saturday: 8:00 a.m. – 5:30 p.m.
• Sunday, 8:00 a.m. – 1:00 p.m.
Hotel
Washington Marriott Wardman Park
2600 Woodley Park Road NW,
Washington, DC 20008

To make a reservation online, go to: https://book.passkey.com/e/49544704
To make a reservation by phone, call +1 800-228-9290 and use the group code ABCT for the ABCT Convention group rate.

Through this website, you can book, modify or cancel your hotel reservations at any time. When making your reservation you will be asked for a one night deposit, which is refundable up to 72 hours prior to date of arrival.

We look forward to seeing you!

The special ABCT Convention rate is $225 single/double, $275 concierge level room, per night plus 14.5% tax. These rates will be offered, based on mutual agreement with the Hotel, 3 days before and 3 days after the official Convention dates of November 15–18, 2018. The block is limited and available on a first-come basis until the block is depleted. If you are interested in upgrading your hotel accommodations, there are limited options available, at an increased rate. Contact the hotel directly.

All ABCT Convention scientific sessions will take place at the Washington Marriott Wardman Park Hotel. General registration includes panel discussions, clinical round tables, symposia, mini-workshops, and dozens of poster sessions. SIG meetings and social events will enable nonstop networking. And don’t forget to check out the limited-attendance CE events —both on Thursday and throughout the Convention on Friday through Sunday. Register for the mHealth and Technology preconference session on Thursday that will feature two mini-keynotes and a demo fair.

Also new for 2018—don’t miss the exhibitor reception that will take place on Thursday from 6:00 p.m. to 8:00 p.m. in the exhibit hall. One complimentary drink will be provided for use either at the Exhibitor Reception on Thursday or the Saturday-night party (10:30 p.m.–1:00 a.m.).

Stay at the Headquarters Hotel to meet your friends and colleagues on the elevator, in the coffee shop, as well as in the meeting rooms. Your support of the headquarters hotel also helps to keep the overall convention expenses to a minimum.

Rooms are available at the ABCT Convention rate until Monday, October 15, 2018. After this date, rooms and rates are subject to rate and room availability. Please be sure to book your reservation early!

mHealth Preconference

Join us on Thursday, November 15, 2018 for the 2018 ABCT mHealth Preconference—
An Innovation Forum sponsored by the Technology & Neurocognitive Therapies/Translational Research SIGs

Chairs: Kiara Timpano, Kristin Ellard, Emily Lattie, Christina Boisseau
Sponsors: Technology SIG & Neurocognitive Therapies/Translational Research SIG

Full-day pre-conference from 8:30 a.m. – 5:00 p.m.
3 sessions plus a demonstration fair
* Participants earn 5 continuing education credits

Interdisciplinary mobile health (mHealth) and neuroscience-based technologies and approaches are changing the nature of health research, providing the opportunity to shift from more reactive approaches for patient care to a more proactive stance. mHealth offers exciting possibilities for “P5 medicine,” which applies a prevention focus, is dedicated to personalized care, increases the predictive specificity of our methods, and emphasizes participatory aspects for individual clients with an eye on reducing the public health impact of disease. As with the larger field of medicine, mHealth and neuroscience-informed approaches in psychiatry are opening an unparalleled number of avenues to help reduce the risk for psychiatric disease and increase well-being for our patients. The 2018 ABCT mHealth pre-conference represents an innovative forum that will highlight a number of issues, including: new mHealth and neuroscience-based technologies as applied to psychological problems within the framework of CBT, empirical research support for these technologies, and the challenges to disseminating and implementing psychiatric mHealth and neuroscience advances. The ABCT mHealth pre-conference will bring together key leaders focused on developing new methodologies, those who are devoted to evaluating the effectiveness of these approaches, and who are engaged in disseminating their gained knowledge. A series of presentations will focus on: (1) evaluating and disseminating mHealth and neuroscience-based tools, (2) harnessing mobile and neuroscience-based technology to enhance CBT, and (3) considering the ethical and interdisciplinary considerations for implementing mHealth and neuroscience-based interventions. Discussions throughout the day will ensure a dynamic and interactive forum, which will conclude with hands-on demonstrations of actual technologies.

This preconference is designed to help you:

1. Understand research on evaluation and dissemination of technology-based tools.
2. Explain efforts to use mHealth technologies to enhance CBT interventions.
3. Discuss efforts to use neuroscience-based advances to enhance existing CBT interventions.
4. Present considerations for future research at the intersection of mHealth, neuroscience, and CBT, including national funding priorities, the ethics involved with technology, and interdisciplinary collaborations.
5. Give hands-on demonstrations of actual mHealth technologies and neurocognitive interventions.

For more information and a listing of all the speakers, visit: http://www.abct.org/conv2018/?mn=15&fn=ss_mHealth